

THE AUSTRALIAN FLUORIDATION NEWS

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The Dr Blaylock Interview

During January 2011, the Alex Jones website, prisonplanet.tv, outdid itself by broadcasting an outstanding five-part interview with retired neurosurgeon and writer, Dr Russell Blaylock MD. Although the interview was broadcast under the title *Fluoride's Deadly Secret*,¹ a number of issues were touched on, including vaccines and aspartame. For the purposes of this journal, we shall restrict ourselves to the fluorides/fluoridation issue.

First some background information on Dr. Blaylock.

"He attended the Louisiana State University School of Medicine in New Orleans and completed his internship and neurosurgical residency at the Medical University of South Carolina in Charleston, S.C... Dr. Blaylock has authored three books on nutrition and wellness, including *Excitotoxins: The Taste That Kills*, *Health and Nutrition Secrets That Can Save Your Life*, and his most recent work, *Natural Strategies for The Cancer Patient*... **Dr. Blaylock is the 2004 recipient of the Integrity in Science Award granted by the Weston A. Price Foundation.**"²

According to the current Newsmax.com website, who publish the Blaylock Wellness Report, "he serves on the editorial staff of the *Journal of the American Nutraceutical Association* and is the associate editor of the *Journal of American Physicians and Surgeons*, official publication of the *Association of American Physicians and Surgeons*."³

Dr. Blaylock also "previously served as clinical assistant professor of neurosurgery at the University of Mississippi Medical Centre in Jackson, Missouri, and is currently a visiting professor of biology at Belhaven College," likewise located in Jackson. He spent 26 years working both as a neurosurgeon and having a nutritional practice before retiring from both.

Dr. Blaylock is primarily interested in the neurosciences and it was whilst investigating its historical background that he came upon the involvement of various US Foundations in the development of this science, not only in the US, but also in Germany. This science grew out of something that very few are now prepared to call a science, namely eugenics. By the 1930s, cooperation in this endeavour by the Rockefeller Foundation and Germany's Hitler regime was well established. This preoccupation with the functioning, modification and possible altering of behaviour through altering brain function continues today, unabated. Witness the fact that

even some Australian universities are taking part in programs like the **Decade of the Brain**. The history is long and involved, too long for this particular short piece, but readers who wish to investigate the subject further would do well to obtain a copy of Dr. Lily Kay's book, *The Molecular Vision of Life: Caltech, the Rockefeller Foundation, and the Rise of the New Biology*, published by Oxford University Press (NY) in 1993.

The Brain

You will ask, how is this related to fluoridation of the water supplies? It has been well established that fluoridation of the water supplies affects the brain negatively. Several studies done in China, comparing the IQ of children in fluoridated areas with that in non-fluoridated areas came up with some not-so-surprising results.⁴ The literature on this aspect of fluoridation is growing.

One of the best known trials regarding the effects of fluorides on the brain was done by Dr. Phyllis Mullenix, a very well-known neurotoxicologist. She was employed by the Forsyth Dental Institute to research effects of fluorides on the brain. She found lab rats were affected by fluorides in two ways. To quote Dr. Blaylock on the results:

"If you fed the fluoride to a pregnant animal, the offspring then became hyperactive... If you gave the fluoride after birth, the animal became very lethargic, sort of like a 'couch potato', it didn't really want to do anything, became very apathetic acting."⁵

Dr. Blaylock states elsewhere that "rats given fluoride while still in the womb became hyperactive, much like what we see in childhood ADHD."⁶

The Institute was dismayed by the research results and did not want to see these results published, but publish she did! This is what happened next, according to Dr. Blaylock:

"After they found that this had been published, they fired her. And the Forsyth Dental Research Institute, in fact

about that time had gotten a quarter of a million dollar grant from The Colgate Company, which fluoridates its toothpaste. So she was fired from her job, she's never gotten another Federal grant and she was one of the top neurotoxicologists in the world. She'd created this innovative new system. Well, she went back to her lab to get the rat brains so that she could continue research on her own, it turns out they had flooded the lab and claimed there was a break in the water pipe. It destroyed her computer system and they killed all the rats and incinerated them. So there was no tissue left to do any studies on. All these things look rather suspicious, so you know, you have to come to your own conclusion." 7

Brain function is also affected by fluorides that impact on the thyroid gland.

"Dr. Yiamouyiannis did some studies and looked at the different tissues in the body and found out the highest accumulation was in the thyroid gland. It had been known that one way to reduce thyroid function was to put fluoride in the water, that it produced significant hypothyroidism, or a low function of the thyroid gland. Now not only does that produce lethargy, apathy, weakness and tiredness in adults, but if you do it in pregnant women the babies are born with low IQs and never recover." 8

Brain Damage inflicted by Fluorinated Pharmaceutical Drugs & the link to Homicides & Suicides

According to the June 2007 Blaylock Report, "several surveys have shown that a majority of school shooters were taking SSRI-type antidepressants before they committed their heinous acts... in most cases these were fluorinated drugs (Paxil and Prozac etc.), the chemical structure of the drug included the toxic element fluorine." 9

There is a growing awareness of the brain damage caused by fluorine – in whatever form it is taken, whether it be in prescribed drugs or the water supply. Note the case of Joseph Wesbecker (1989) who "shot and killed eight people and wounded 12 others before killing himself", or the murder suicides occurring at Fort Bragg (N.C. – North Carolina) military base in 2002, "which were linked to the anti-malarial drug Lariam", or the "similar rash of murder/suicides and uncontrollable aggression among its soldiers taking the drug" experienced by the Canadian military.⁹ Readers interested in this particular issue might want to obtain a copy of Dr. Gary Null's DVD, *The Drugging of Our Children*.

Fluorinated antibiotics like Floxin, Cipro and Levaquin "can cause nightmares, psychotic reactions, paranoia, agitation, manic reactions, aggression and hostility, hallucinations and even depersonalisation, all symptoms associated with acts of homicide and suicide."

Note especially the following comment: "What is unusual about the effect of fluorinated drugs is that they trigger planned violence rather than just violent outbursts." 9

Other side-effects of SSRI [selective serotonin reuptake inhibitor] drugs seldom mentioned in the media are "nausea, anorexia, insomnia, loss of libido and failure of orgasm." 10

Little wonder then, that Dr. Blaylock advises his Blaylock Wellness Report readers to "make sure that the medication your doctor prescribes is not a fluorinated one." 11

Aluminium & Fluoride: Alheimers disease recipe

Melbourne's water supply, like that of some others around Australia, England and the United States uses aluminium sulphate to clarify the fluoridated water supply. That step is necessary because Melbourne's pre-1977 water supply, soft and clean, was turned into an acidic, fluoridated soup by Victoria's Hamer Government in the 1970s. To counteract the resultant acidity, lime was added, which turned it into a cloudy soup. Hence the addition of aluminium.

According to Dr. Blaylock:

"Compelling evidence indicates that aluminium in water is associated with a significantly increased risk of Alheimers disease, especially if the water is fluoridated. Fluorine is a very reactive element and readily combines with aluminium to dramatically increase absorption from the intestines and drive the compound into the brain. Both fluoride and aluminium are neurotoxic, that is they are toxic to the brain. This toxic compound fluoroaluminium causes chronic brain inflammation and also interferes with receptors in the brain that control a number of neurotransmitters called G-protein receptors.

"The compound enters brain cells and has been shown to produce the same amyloid deposits as seen with Alheimers disease. Other studies have shown a dramatic death of braincells in the hippocampus – the centre for recent memory – when fluoride combines with aluminium, even in half the amounts used in drinking water, a paltry 0.5ppm (parts per million)." 12

Lead and Fluoride

Readers of the *The Australian Fluoridation News* will recall from a previous issue (Vol. 46, No. 3, July-Sept. 2010) that in recently fluoridated Geelong, water filters have been clogging up in a very short period of time. The reason for that is that the old metal pipe infrastructure is being scoured by the newly introduced cocktail of chemicals, including especially the fluorides. Consumers are in fact drinking the dissolved walls of the pipe infrastructure (!), resulting in higher levels of lead in the blood. This results in a number of health issues, which include: "hypertension, anaemia, accelerated hardening of the arteries, and behavioural problems, such as increased violent behaviour, loss of impulse control (flying off the handle and 'road rage'), increased suicide and homicide rates." 13

Dr. Blaylock includes learning difficulties in this list, a classic symptom of elevated blood lead levels and a lowering of IQ:

"Even small elevations in blood lead levels, as low as 10 micrograms per litre, [one part lead in 100 million parts water - Editor] and possibly as low as 5 micrograms per litre, can produce adverse behavioural effects.

In a study that involved some 400,000 people, Dr. Roger Masters and Myron Coplan found a direct correlation between fluoridation of water supplies and lead toxicity, especially in black youth. The fluoride (as silicofluoride), which leached lead from pipe and faucet fixtures, significantly elevated lead levels in the water. This study was reported in the prestigious journal *Neurotoxicology* in December 2000." 14

Professor Master's work at Dartmouth University can be found from a link at www.fluoridationnews.com ('Downloads' page)

Is Fluoridation Effective?

During the interview, Dr. Blaylock makes short shift of the ongoing claims by those who would see this practice continue. He speaks of the ongoing clear evidence, worldwide, that the improvements in dental outcomes apply equally to fluoridated as well as non-fluoridated areas and that the improvements are largely due to an "increased intake of calcium, mainly through cheese consumption, better diets and better oral hygiene."¹⁵ He mentions the 1986-7 NIDR Study, conducted by the US Public Health Service, where 39,000 school children were studied, – to compare the effects of fluoridation versus non-fluoridation. The study found that fluoridating water supplies had no beneficial effects at all.

Dr. Blaylock then goes on to say:

"Well, they hid that document so that scientists couldn't examine it and the public and the media would never see it. Well, a Dr. Yiamouyiannis, who was a chemist, filed a Freedom of Information lawsuit, had it released and then he saw why they wanted to hide it and that's because it clearly demonstrated fluoride did not reduce cavities. Since that time there's been a number of studies, one of which included eight countries, another, which included all studies on fluoride, all independent studies on fluoride on dental caries over the last thirty years. Another study included 400,000 children in India. All of these studies showed the same thing. Adding fluoride to water did not reduce cavities at all. And in fact, several of the studies showed that it increased cavities."¹⁶

So, citizens then ask themselves, why are governments still:

"spending so much money and effort to force fluoridation of the rest of the water supply and even insisting that bottled water be fluoridated, so that no one would have access to unfluoridated water, except the elite. Well we know fluoridating water, through a number of studies, some of which were ordered by the [US] Federal Government in the South in the earlier days, increases cancer risk."¹⁶

The Fluoride - Cancer Link

"Burk and Yiamouyiannis, two scientists, did one of the largest cancer studies in relationship to the fluoridating of water supplies... They showed that in fluoridated cities as compared to unfluoridated, there was a ten percent increase in cancer. This was a criticised study, so they repeated it and they did all cities east of the Mississippi with populations over 10,000; comparing fluoridated and unfluoridated. Now what they did, they compared the cancer statistics before fluoridation and then 13 and 17 years after fluoridation. Again, they found that there was a ten percent increase in cancer death incidents in the cities that had been fluoridated.

Now when you say cancer death, and that means people who died of cancer, you can appreciate that there can be a lot more people who developed cancer who didn't die. So the actual cancer incidence is much higher. This study was so impressive to some members of Congress, they ordered a study of this link to cancer through the Battelle Research Institute. These studies showed that, number one, it produced a number of types of cancer, one of which was a very rare liver cancer, and it significantly increased the growth of cancer in people who already had cancer. Well, despite these studies, they're still fluoridating water."¹⁶

Fluoridation has many other repercussions, including an increase in bone fractures:

"They found out it increased fractures, not only in the elderly, but in younger women. And it increased hip fractures in older men to a greater extent than the women. Well a hip fracture in someone over 65 has a high mortality rate, so it's a good way, if you wanted to, to increase the mortality of the elderly and get them out of the way, which is in discussion today."¹⁶

"When we look at aluminium, lead, all these things that are ending up in our water system, our food, that are being given as food additives; we're seeing some common effects. They have behavioural effects, they have reproductive effects and they have effects on health like cancer and degenerative brain disorders. And it's well demonstrated in the scientific literature."¹⁷

So, all things considered, some final words of advice from Dr. Blaylock:

"Fluoride is a powerful brain toxin, especially when combined with aluminium. You should avoid fluoridated water, fluoride toothpaste and fluoride mouthwashes."¹⁸

Further, you should avoid:

- "Teas high in fluoride
- Pesticides or herbicides near or in your home
- Vaccinations, since they contain fluoride and aluminium
- Using lemon in your tea, since it will increase aluminium absorption enormously
- Cooking in aluminium or Teflon-coated cookware, and avoid using Teflon¹⁹ products"²⁰

References: The Dr Blaylock Interview

- 1 The full interview is at <http://www.youtube.com/watch?v=Ie6gJHqkSgc>
- 2 Blaylock Wellness Report (BWR), Issue 43, Jan 2008, *Is Your Drinking Water Fit to Drink?* p.11.
- 3 <http://w3.newsmax.com/blaylock/25a.cfm>
- 4 'Damage to Nervous Systems from Fluoridated Water', Australian Fluoridation News, Nov-Dec, 2007, p.6.
- 5 Blaylock interview, part 1.
- 6 BWR, Issue 4, Sept. 2004, *Why Fluoride is Toxic*, p.1
- 7 Blaylock Interview, part 2. To learn more on the Mullenix case, see Christopher Bryson's excellent book, *The Fluoride Deception* (2004), Seven Stories Press.
- 8 Blaylock interview, part 2.
- 9 BWR, Issue 36, June 2007, *Key Vitamins That Save Your Heart, Prevent Cancer and Keep You Living Long*, p.8-9 (SSRI = Selective Serotonin Uptake Inhibitors)
- 10 Rang, Dale & Ritter, *Pharmacology*, 4th Ed (1999), Churchill Livingstone
- 11 BWR, Issue 36, June 2007.
- 12 BWR, Issue 43, p6. One of these studies is referred to in the interview.
- 13 Ibid, p.6.
- 14 Ibid, p.6.
- 15 Blaylock interview, part 1.
- 16 Ibid, part 1.
- 17 Ibid, part 2.
- 18 BWR, Issue 37 July 2007, *How to Avoid Poisonous Foods*, p.3.
- 19 Non-stick frypan coatings are made from fluoropolymers, which emit fluoride, particularly at high temperatures. Brand names include Teflon, the registered name for Dupont's coating. According to scanpancookware.com, "PTFE is the building block for any non-stick coating, including SCANPAN Classic." (scanpancookware.com/pages/teflon-pv-c0-2.html, acc. 3 July 2011). "PTFE" is an acronym for polytetrafluoroethylene.
- 20 BWR, Issue 4, September 2004, p. 7.

Fire Water DVDs As reviewed in the previous edition, the DVD documentary movie "Fire Water" brings to light fluoridation stories of Australians that most people would never hear about. These DVDs are now available for \$13 through the Australian Anti-Fluoridation Association. Please send a cheque/money order with your postal address to GPO Box 935 Melbourne VIC 3001. While stocks last. ☺

Beyond "Why Fluoridate?": Asking the Important Questions

Fluoride has been shown clearly to be toxic and cumulative. But even with all the mounting evidence, why do some governments continue to push fluoridation? If we dwell on this question, we may miss out on asking and answering questions which alter our lives and contribute to ending fluoridation.

Once we find out just how destructive fluoridation is, the big question is often asked: "Why continue to fluoridate?" There is a range of answers which attempt to encapsulate the reasons for this sinister and strangely obsessive need to fluoridate people.

The most basic answer is the "money" earned by phosphate fertiliser factories for their fluoride wastes, instead of disposing of the waste properly. In a country 'invaded' by fluoridation money and propaganda, some of the money earned then flows through the "fluoridation system", through compromised governments, their health departments and other associated departments, also through "health" associations and various organisations (usually health-oriented), to find endorsing organisations and give the appearance of legitimacy.

But when we look into fluoridation more deeply, the subject becomes darker and we discover it's more than just the explicit money that keeps the "fluoridation system" entrenched in affected countries. It has become part of the economy.

Important: Find out only as much of the unsavoury answers to "Why Fluoridate?" question as you need to for now. When we learn "too much" it can leave us feeling negative and depressed. That said, it may be important to understand some of the darker reasons, if only to motivate us to act to reduce our own fluoride exposure. But it's best not to dwell on the "dark side" of "Why Fluoridate?" It's far better to feel good and focus on much more vital Fluoridation Questions, such as:

1. How much do I really know about fluoridation? In other words, how much reading or research have I done, in contrast to being informed by glossy brochures and pro-fluoride spin from some dentists (who themselves haven't yet discovered that dental schools in a few countries such as Australia, are compelled to follow the 'fluoride pied piper'?)

2. Once informed of both sides, what do I choose for myself? i.e. Is fluoride "safe and effective", or is fluoride a cumulative systemic poison, best disposed of properly, and not through our water supply? One's answer to this question can change the whole world - at least your world, for a start!

3. How can I minimise my (and my family's) fluoride intake? Putting your choice into action requires you be aware of the various fluoride sources, for example: tap water, toothpaste, mouthwash, black tea, seafood, cigarettes, drugs (OTC and prescription, such as anti-depressants like prozac)... More information is available online. e.g. see our website.

4. What can I do – even little things – to help remove fluoridation from Australia? For a start, believe that we will regain our freedom of choice. In the end, it is the little things that will add up all over the country and make the practice of mass medication with toxic waste untenable. We suggest continuing to learn things (Step 1) and taking action with that new knowledge (such as telling someone or distributing some information). It can give immense satisfaction to know you are doing your bit and helping to improve people's lives.

Updates: Yanchep and Two Rocks (WA)

Yanchep and Two Rocks are under threat from Western Australia's government fluoride promotion unit.

About 45 residents and interested people attended a public consultation on the 22nd April at the Yanchep Community Centre, 75km from Perth, and asked questions on side effects, mass medication and who the financial beneficiaries are.

Aida De Ceglie (campaigning for the Australian Anti-Fluoridation Association in Perth) has organised a petition and hopes to collect 3000 signatures to deliver to the Health and Water Ministers. Aida, along with James Fairbairn (of "Perth Fluoride Free") attended the Yanchep meeting.

The Committee chair Dr Richard Lugg tried parroting the usual spin that fluoride is a "nutrient" (which was debunked decades ago). Aida De Ceglie asked "How can any industrial waste by-product be a nutrient?"

Dr Lugg later said "It's no doubt we've got a message out of this loud and clear... There's a lot of opposition in this room." He also said a recommendation to the Minister was unlikely before next year, with the public invited to submit comments.

The usual aim of these public consultations is to allow the residents to vent their anger, with the hope that once they have, they'll calm down and later just give up their freedom to choose, constitutional rights and solidarity, and allow the introduction of toxic fluorides into their water supply. Once

communities are fully informed, they typically vote strongly against the scheme. (The highest was 98% against, in Pallamallawa, NSW in 1988.) Consequently, governments in Australia have been reluctant to hold polls or referendums.

Residents, be warned: your community's been invaded by undemocratic puppets for pollution disposal. Don't submit to the government's plan to steamroll you. It's vital that everyone knows the realities of fluoridation and bands together, to establish an even stronger sense of community.

Send a formal message to the Secretary, Fluoridation of Public Water Supplies Advisory Committee, PO Box 8172, Perth Business Centre, WA 6849, before the 19th September. You might also consider sending a simple "My Will" letter (see the one page flyer at www.fluoridationnews.com).

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- Australian Anti-Fluoridation Association GPO Box 935 Melbourne 3001
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